TIPS TO HELP YOUR CHILD



READING

Make reading fun again! Let your kids read any books, graphic novels, magazines, or other materials they enjoy, regardless of the reading level. Choice is important.

Give your child the option to listen to audiobooks as he or she follows along in the book. Listening to good reading can help with fluency and comprehension.

Model reading for your child.
Actions speak louder than words.
They will emulate what they see you doing.

Discuss books with your children.
Show interest. Make it a discussion, not an interrogation. Share some of your favorite books and reading experience with them.

Use rewards. Sometimes they are necessary...like when you are trying to get them to enjoy reading. © Positive reinforcements are more effective than negative consequences in this case. What motivates your child?

Help your child find books about topics they love. If you need help, contact your local children's or teen librarian who is trained in literacy. While you are at the library, spend some time hanging out there.

Read to your child. Even if they are older, they might really enjoy it. Or, take turns reading out loud with your child. Your presence might be all the motivation they need.

Carve out a family reading time.
There's something powerful about
sitting down together in the same room and
reading. It could be a read aloud time or an
independent reading time when everyone reads
something different. Keep it light. Get comfortable,
and snuggle with that book!

Pick books that have movie counterparts, and after your child reads the book, take them to see the movie. Go with them, or take a group of friends along. Afterward, compare and contrast the book and movie with your child over a meal.

Limit screen time. As the parent, create and reinforce healthy guidelines and boundaries about when phones, tablets, and televisions can be used.

Prioritize reading every day.

Teach your child that it's okay and normal to abandon a book. In real life, people don't finish every novel they start. Don't let your child's reading progress stall because they feel compelled to finish a book they don't enjoy.

Relevance. Show your child how books are relevant to their lives.
Focus on themes and lessons that can be learned from reading as well as how research has proven that reading will impact their future.